



Rosedale Traditional Community School

# Newsletter



Chilliwack  
School District

February 2023



Brian Fehlauer, Principal  
Stacey Pickles, Vice-Principal  
<http://rosedale.sd33.bc.ca>  
| Tel: 604-794-7124 |  
| Fax: 604-794-7872 |  
<http://rosedale.sd33.bc.ca>  
[brian\\_fehlauer@sd33.bc.ca](mailto:brian_fehlauer@sd33.bc.ca)  
[stacey\\_pickles@sd33.bc.ca](mailto:stacey_pickles@sd33.bc.ca)

## Administration Message

Amazingly, we already have placed the first month of 2023 in the books. Not only does February mark the halfway point in the school year, it is also a month where we celebrate Valentine's Day, pay tribute to Black History Month, and promote inclusion, kindness and anti-bullying. February may be the shortest month of the year, but it promises to be a busy one!

February also marks the beginning of our planning for next year. We have a number of transition activities and meetings taking place, both for students coming our way and those heading off to secondary school. If you have a student who is transitioning to high school, please stay tuned for information from the high schools.

In reaching the half-way mark of the school year, we want to share that it is amazing to belong to such a special community where students, staff and parents aspire to *Care, Engage and Inspire*.



Mr. Fehlauer & Mrs. Pickles,  
RTCS Administration.



## Kindergarten Registration

Kindergarten registration is now open. Please register your child as soon as possible to secure your spot in your home school. Spaces are filling up fast! You can register using the following link: <https://sd33.bc.ca/registration>.



## Black History Month

Black History Month is a time to celebrate and remember all the ways that Black Canadians have contributed to Canada's history and culture and is observed across Canada every February. It is a month to learn about the experiences, achievements, and contributions of peoples of African ancestry. The history of Black History Month dates back to 1926 in the United States. At that time, an African-American historian named Carter G. Woodson founded a week that focused on celebrating the accomplishments of African Americans. In Canada, the Ontario Black History Society first introduced Black History Month to Parliament in December 1995. In 1996, we marked the first year Black History Month was observed in Canada.

## Parking Lot Procedures

We know that parking is at a premium in the morning and at the end of the day. Please make sure you are not parking in the through lanes, bus lanes, or in no parking areas.

Here are a few points to keep in mind:

1. Please only drop off/pick up in the drop off/pick up lane. If there are no spots open, you can park in the parking lot to drop off/pick up, or circle back.
2. The drop off/pick up lane is for students who are getting in or out quickly. Please do not get out of your vehicle in this area.
3. Please do not stop to drop off your student in the through lane. This is a huge safety issue and causes traffic backlog.
4. Please do not park on the inside of the bus loop. This is a no parking area and again we have witnessed students having close calls jumping out of vehicles into the through lane of traffic. We have also seen students run through traffic in these areas.
5. The crossing guard may wave you through even when students are waiting in order to keep traffic moving. Please follow the direction of the guard.
6. Finally, please be kind and patient with us and each other. This is a necessary change, and we all want your children to arrive and depart school safely.

## UPCOMING EVENTS

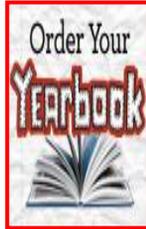


- February 3
  - ..... Div. KP & Div. 4 / Buddy Skate @ Chilliwack Coliseum
  - ..... Div. K1, 1 & 2H / Skating @ Chilliwack Coliseum
- February 9
  - ..... Krispy Kreme Donut Order Deadline
- February 13
  - ..... Krispy Kreme Donut Order Delivery Date
- February 13-16
  - ..... Interim Report Week (K-8)
- February 14
  - ..... Gr. 6 / Trip to HR MacMillan Space Centre
  - ..... Red & Pink Day
- February 16
  - ..... CSS Counsellors @ RTCS / Grade 8 Course Planning
  - ..... Early Dismissal Day / 11:00 am
- February 17
  - ..... Non-Instructional Day (School Closed)
- February 20
  - ..... Family Day Holiday (School Closed)
- February 21
  - ..... Div. 2H / Tour of Chilliwack Firehall #1
- February 22
  - ..... Anti-Bullying / Pink Shirt Day
  - ..... Leadership 8 / Salvation Army Tour
  - ..... End of Gr. 6 ADST Rotation 3 / Blk. H
  - ..... Grade 8 Parent Information Night @ Chilliwack Senior
- February 23
  - ..... Start of Gr. 6 ADST Rotation 4 / Blk. H
- February 24
  - ..... Div. 73 & 74 / Trip to Vancouver Museum
  - ..... Casual Friday
- February 27
  - ..... RTCS PAC Meeting in the Library: 6:30 pm



### Yearbook Reminder

Just a reminder that there is still time to order your school yearbook. The cost of the Yearbook is currently **\$45.00**. Yearbooks can be ordered from the school office. Purchase your yearbook now to avoid possible disappointment in June – we have had yearbooks sell out in past years.



### Dress for Outside



Oh, the weather outside can be frightful!"

As the weather remains cooler, we request that you please send your child with a jacket and other appropriate warm clothing. We will be outside at recess and lunch on most days and want to ensure that everyone is dressed comfortably.

School District #33 Inclement Weather School Closure guidelines are included in this newsletter, as well as information on how District sites and road conditions are assessed.

### Krispy Kreme Fundraiser!

Pink Shirt Day is just around the corner!! Leadership students are pre-selling boxes of Krispy Kreme doughnuts for delivery on February 13<sup>th</sup> in order to raise funds to support the CKNW Kids Crew and their work to support inclusion, respect, and community with their kids programs.



#### Details:

- ▶ Orders must be placed and paid for no later than Thursday, February 9<sup>th</sup>.
- ▶ Teachers will have order forms for students, and will collect the forms and payments. Forms and payment can also be dropped off at the school office. Payment is by cash or cheque only please.

Donuts will be distributed at the end of the day on Monday, February 13<sup>th</sup>.

There MAY be limited individual donuts for sale at the end of the day on February 13<sup>th</sup> for \$2.00 each, but only if we have extra boxes at that time.



### RTCS P.A.C. February News

#### Rosedale Traditional Community School Parent Advisory Council (RTCS PAC)

*Our Mission: "To support, encourage & improve the quality of education and the wellbeing of students in Rosedale Traditional Community School."*



#### Next PAC Meeting:

Monday, February 27<sup>th</sup>

@ 6:30 pm in the School Library

Babysitting is provided on-site!

Please join the [Rosedale Traditional Community School PAC Facebook Page](#) for updates and information on upcoming fundraisers and events.

Questions or Suggestions for PAC? Contact:

Lauren Mitchell, PAC Chairperson - [RTCS-PAC@sd33.bc.ca](mailto:RTCS-PAC@sd33.bc.ca)

**RTCS P.A.C. February News – Continued...**



**Breakfast Program**

Did you know that the RTCS PAC operates a **FREE BREAKFAST PROGRAM** that is available to all students from 7:30 am - 8:00 am in the multi-purpose room every morning?

**VOLUNTEERS ARE NEEDED:** We rely on parent volunteers to serve breakfast – it’s a great way to give back and start your day! If you are interested in volunteering, swing by the cafeteria kitchen between 7:30 am - 8:00 am any morning to check out what we do, or join our [RTCS Breakfast Program Facebook Group](#).

**Our next Pancake Breakfast:**

**Valentine's Day - Tuesday, February 14<sup>th</sup>**

Pancakes are very popular and we require extra volunteers for these mornings – if you are available to help, please let us know by emailing [RTCS-PAC@sd33.bc.ca](mailto:RTCS-PAC@sd33.bc.ca)

***THANK YOU to our AMAZING crew of volunteers and everyone who has made financial or baking donations so far this year – this program could not happen without YOU!***

**Uniform Exchange**

If you are doing some spring cleaning and have some outgrown uniform items that you want to donate or exchange for new-to-you items, *we will be starting to collect them soon for an upcoming uniform exchange* – keep an eye on your email and our [Facebook Page](#) for more information!



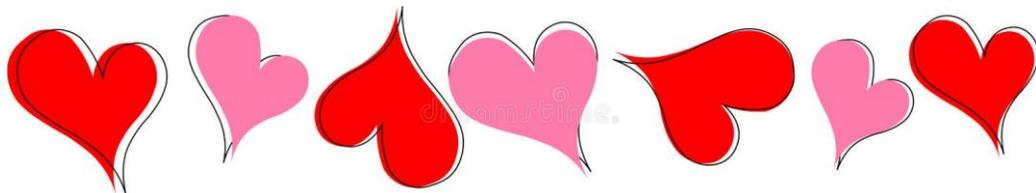
***If you love to sew and wouldn't mind volunteering your time to mend some donated uniform items - please email [RTCS-PAC@sd33.bc.ca](mailto:RTCS-PAC@sd33.bc.ca)***



**Parent Speaker Nights**

RTCS PAC has put funding aside to bring in speakers to discuss interesting and relevant topics for our parents, such as mental health, technology, and bullying.

***If there are any topics or speakers that you would like to suggest, please reach out to [RTCS-PAC@sd33.bc.ca](mailto:RTCS-PAC@sd33.bc.ca)***



# YOUR'RE INVITED!

CHILLIWACK SECONDARY SCHOOL

GRADE 8

Family Information Night

Wednesday, February 22nd

6:00pm - 8:00pm

- School Tours
- Review a standard timetable
- Explanation of CSS Programs & Student life
- Student Expectations
- Q & A

Enter  
to Win

**CSS SWAG PRIZES!**

## Upcoming Dates:

Feb 14 - Course Selections at CMS

Feb 15 - Course Selections at ADR

Feb 16 - Course Selections at RTCS

March 1- Forms due, return to your core teacher.



[css.sd33.bc.ca](http://css.sd33.bc.ca)

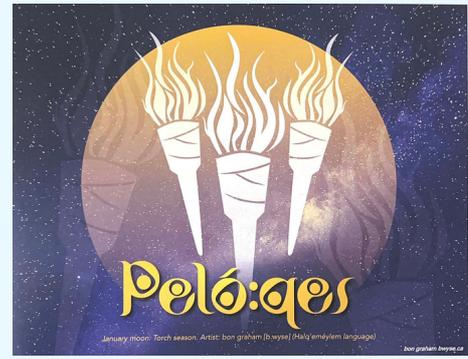
# PELÓQES

(PEL-AH-KES)



## "TORCH SEASON"

JANUARY 21 - FEBRUARY 19



Peló:qel - torches  
"Torches made out of dried sockeye salmon heads"

Happy New Year Everyone! The Stó:lō year follows the lunar year. The dates change from year to year. The fourth month, around January, is called Pelóqes which means torch season. This is a time when torches, peló:qel, are made out of dried sockeye salmon heads and used at night when spearing fish from canoes (torch lighting). The fish can be seen by the light reflecting from their scales when the water is really clear, as it is at the end of January.

## National Ribbon Skirt Day

LET'S  
CELEBRATE!



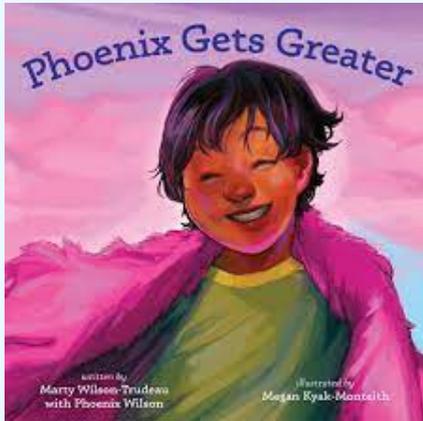
January 4th, 2023 was the first annual celebration of Ribbon Skirt Day. On Dec. 15, a bill was passed by parliament that made Jan. 4 National Ribbon Skirt Day across Canada. The bill has been in the works since Isabella Kulak, a then 10-year-old girl and a member of the Cote First Nation in Saskatchewan, was shamed for wearing a ribbon skirt at her school in Dec. 2020.

The ribbon skirt is a traditional piece of clothing across many First Nations. The garment represents strength for First Nations women. The detailed work that goes into making it is considered sacred.

In December 2020, Isabella chose to wear a ribbon skirt to a formal event at her school. A teaching assistant at her school told Isabella it wasn't appropriate and that she should have worn a store-bought outfit similar to other students. After Isabella told her parents what happened, her story began to get a lot of attention from her community. On Isabella's first day back to school after the holidays, a crowd of women wearing ribbon skirts led her to class, along with chiefs from surrounding the First Nations. That was on Jan. 4, 2021. Two years later, Isabella said she will return to school on Jan. 4 wearing her ribbon skirt proudly on National Ribbon Skirt Day.

This day is to learn from Indigenous Peoples about their cultures and histories – from languages to traditional ceremonies and regalia to ancestral ties to the land. Together, we can amplify Indigenous voices and stand up against racism and discrimination.

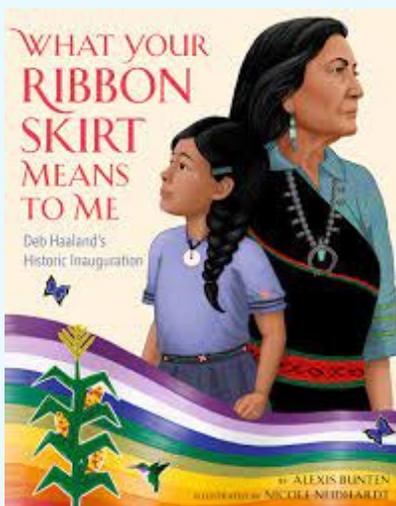
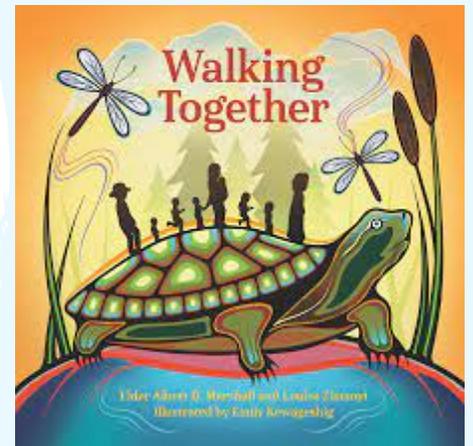
# Rosedale Indigenous Education January Newsletter



Phoenix loves to play with dolls and marvel at pretty fabrics. Most of all, he loves to dance—ballet, Pow Wow dancing, or just swirling and twirling around his house. Sometimes Phoenix gets picked on and he struggles with feeling different, but his mom and brother are proud of him. With their help, Phoenix learns about Two Spirit/Niizh Manidoowag people in Anishinaabe culture and just how special he is.

## Coming Soon

This innovative picture book introduces readers to the concept of Etuaptmuk—or Two-Eyed Seeing in the Mi'kmaq language—as we follow a group of young children connecting to nature as their teacher. A poetic, joyful celebration of the Lands and Waters as spring unfolds: we watch for Robin's return, listen for Frog's croaking, and wonder at maple tree's gift of sap. Grounded in Etuaptmuk, also known as Two-Eyed Seeing, the gift of multiple perspectives, and the Mi'kmaq concept of Netukulimk, meaning to protect Mother Earth for the ancestors, present, and future generations, *Walking Together* nurtures respectful, reciprocal, responsible relationships with the Land and Water, plant-life, animals and other-than-human beings for the benefit of all.



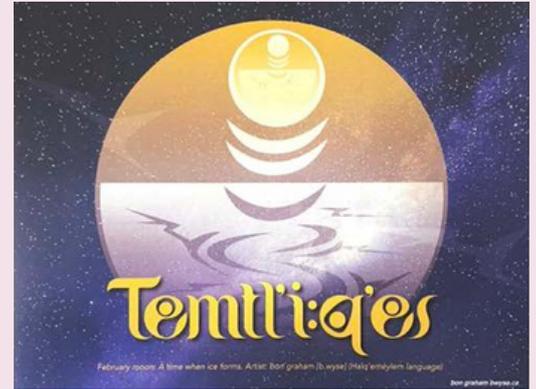
A contemporary Indigenous picture book that offers both an homage to Secretary Deb Haaland's achievements, and a celebration of urban Indigenous community through the eyes of a little girl. Pia rushes over to the Indigenous community center after school. It's where she goes every day to play outside with friends and work on her homework. But today—March 18, 2021—is special: Auntie Autumn gathers all the children around their television to witness Secretary Deb Haaland in her ribbon skirt at the White House as she becomes the first Native American to serve as a cabinet secretary. Pia and the other kids behold her Native pride on an international stage. Together with their parents and Elders, the children explore the values woven into their own regalia, land, community, and traditions, making precious memories on this day they won't soon forget.

# Rosedale Indigenous Education February Newsletter

## TEMTL'I:Q'ES



"TIME WHEN ICE FORMS"  
FEBRUARY 20-MARCH 21



The name for the fifth month, around February; has been known to have different names. Temtl'i:q'es as time to get jammed in (as a trap, a box, etc.) or Temt'elemches - time one's hand sticks to things (from the cold), tl'i:q' means get jammed in, get wedged in, get stuck, es means a periodic cycle of time, t'elem means stick to something, tses means on the hand.

Temtl'i:q'es probably refers to getting jammed in one's house because of snow and ice.

## Have a Heart Day

DID YOU KNOW?

HEART DAY HAS BEEN CELEBRATED EACH YEAR ON FEBRUARY 14 SINCE 2012

*This Valentine's Day, lend your heart to a very important cause: Indigenous kids who deserve the very best care.*

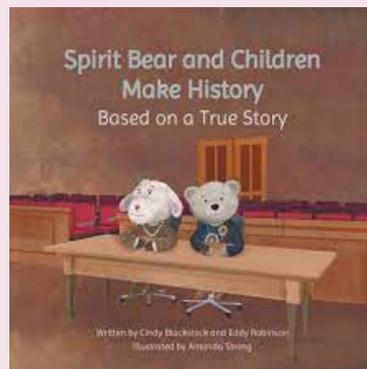
Have a Heart Day was created by the First Nations Child & Family Caring Society of Canada to encourage us to remember those kids who are growing up far from their homes, and who cannot access a proper school and adequate health services. It also urges us to take action.



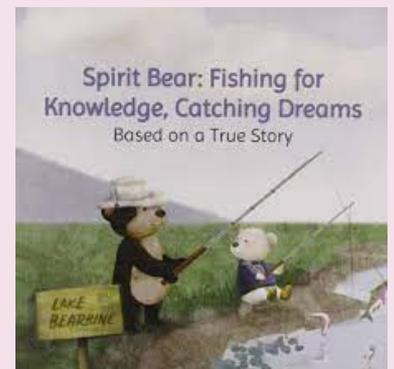
## SPREAD THE WORD THROUGH SOCIAL MEDIA AND USE THE HASHTAG #HAVEAHEARTDAY



Spirit Bear is on his way home from a sacred ceremony when he meets Jake, a friendly dog, with a bag full of paper hearts attached to wood stakes. Jake tells Spirit Bear that school children and residential school survivors will plant the hearts when a big report on residential schools called the Truth and Reconciliation Commission (TRC for short) is shared. The TRC will have Calls to Action so we can all help end the unfairness and make sure this generation of First Nations, Métis, and Inuit children grow up healthy and proud!



Spirit Bear and Children Make History is an Inspire Successful Practice in K-12 Indigenous education! When Spirit Bear's mom tells him about an important human rights case happening in Ottawa, Ontario, he makes the LONG trip (by train, his favourite way to travel) to go and watch, and to stand up for First Nations kids. And he isn't the only one! Lots of children come too—to listen, and to show they care. Spirit Bear knows that children can change the world because he's there to see it happen. This is the story of how kids—kids just like you—made a difference... with a bit of help from some bears and other animals along the way!

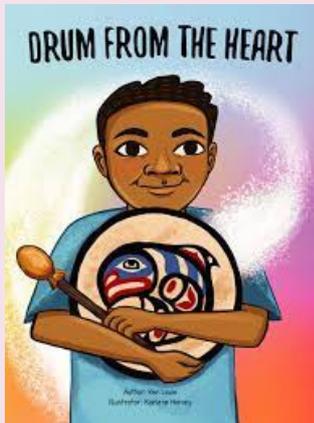
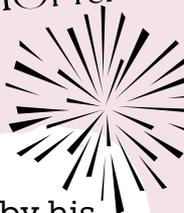


Spirit Bear is off on another adventure! Follow him as he learns about traditional knowledge and Residential Schools from Uncle Huckleberry and his friend, Lak'insxw, before heading to Algonquin territory, where children teach him about Shannen's Dream. Spirit Bear and his new friends won't stop until Shannen's Dream of "safe and comfy schools" comes true for every First Nations student.

**FEBRUARY  
READS**

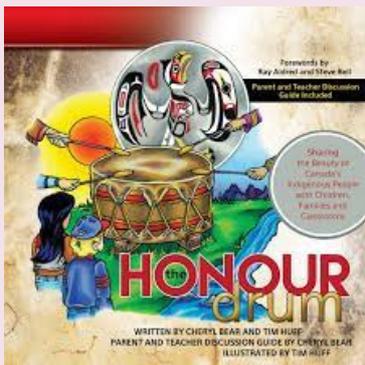
Rosedale Indigenous Education February Newsletter

Celebrate Indigenous Storytelling Month



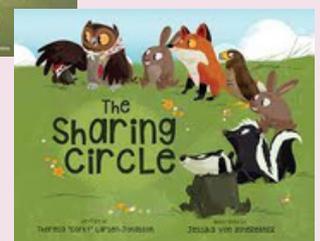
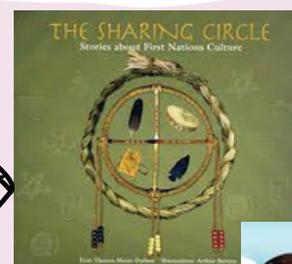
When he is gifted a handmade drum by his mother, Ren learns the teachings of the drum that she also passes down to him. Ren discovers that through this special drum, he is able to connect to his culture and find a confidence in his voice to joyfully share in singing the traditional songs of his Nuu-chah-nulth Nation.

When We Are Kind celebrates simple acts of everyday kindness and encourages children to explore how they feel when they initiate and receive acts of kindness in their lives. Celebrated author Monique Gray Smith has written many books on the topics of resilience and reconciliation and communicates an important message through carefully chosen words for readers of all ages. Beautifully illustrated by artist Nicole Neidhardt, this book encourages children to be kind to others and to themselves.



The Honour Drum is a uniquely envisioned and crafted project shared between two Canadian friends—an Indigenous woman from the West Coast and a non-Indigenous man from Ontario—to reach children, families and classrooms across Canada and around the world with a message of great beauty and truth that should not be ignored. This vibrant book is an important starting place for learning and insight that is vital and, for many people of all ages, overdue. The Honour Drum is a love letter to the Indigenous people of Canada and a humble bow to Indigenous cultures around the world.

Sharing Circle includes seven children's stories about First Nations culture and spirituality practices. All seven stories, The Eagle Feather, The Dream Catcher, The Sacred Herbs, The Talking Circle, The Medicine Wheel, The Drum, and The Medicine Pouch explore First Nations cultural practices and teach children about Mi'kmaq beliefs and heritage. Researched and written by Mi'kmaq children's author Theresa Meuse and beautifully illustrated by Mi'kmaq illustrator Arthur Stevens, this book will engage and inform children of all ages.



When two red foxes have an argument which breaks apart their community, a gentle buffalo decides to take a braid of sweetgrass to a local elder and asks her to help with a sharing circle for all the animals.





# SPRING BREAK CAMPS

Chilliwack FC wants to provide a safe, inclusive, and fun environment for any child looking to partake in the Spring Break Camp! Campers will partake in soccer activities, games, movie time and hanging out with Chilliwack FC staff & volunteers!

**MARCH 20-24/MARCH 27-31**

- ✓ Skills & ball techniques
- ✓ Fun Games
- ✓ Mini Soccer Matches
- ✓ And much much more!

**FOR PARTICIPANTS BORN BETWEEN 2010-2018**

**9:00AM - 3:00PM**

**\$140 per week - includes t-shirt**



## TOWNSEND PARK FIELD A

45130 Wolfe Rd, Chilliwack, BC V2P 7S6

**Register At**  
[www.chilliwackfc.com](http://www.chilliwackfc.com)

## More Information

604-792-0090 [info@chilliwackfc.com](mailto:info@chilliwackfc.com)



**2023**

Helping players to reach their maximum potential both on and off the court



# SPRING BASKETBALL PROGRAMS

## REGISTER NOW

### TEAM EVALUATION DATES

**NO COST FOR EVALUATIONS**

Tues. March 7th & Thurs. March 9th

Boys- U9, U10, U11 & U12 -5:00-6:30pm

Boys- U13 & U14- 6:30- 8:00pm

Mon. March 6th & Wed. March 8th

Girls- U10, U11, U12 & U13 - 5:00- 6:30pm

Girls- U14, U15, U16 & U17 - 6:30- 8:00pm

Mon. March 13th & Wed. March 15th

Boys- U15, U16 & U17 – 6:30pm- 8:00pm

[tcathletics.ca](http://tcathletics.ca)



604-702-8734



[info@tcathletics.ca](mailto:info@tcathletics.ca)



@transcanadabball



TransCanada Basketball



### SPRING CLUB TEAMS BOYS & GIRLS

- Teams offered from U9-U17
- Season April to July long weekend
- Practices: 2 X a week
- 3-4 tournaments in BC/Lower Mainland
- \*Elite teams will go til July 18 & travel to Wash& California



### SKILLS ACADEMY

8 weeks- 1.5hr sessions  
Option of 1X or 2X a week

- Designed for the player new to the game or players who aren't quite ready to play on competitive teams.
- The emphasis during these skill sessions are individual skill and are open to all levels of young basketball players.
- Athletes of all levels are welcome.



### MINI BALL

Ages 3-7

- Mini Ball is one day a week focusing on FUNDamentals and fun games to introduce kids to the sport of basketball



# SARDIS HOCKEY ACADEMY

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- **DEVELOPING LIFE SKILLS THROUGH SPORT**
- **EARN HIGH SCHOOL CREDITS**
- **10 MONTH ON ICE PROGRAM**
- **PROFESSIONAL COACHES**

**CONTACT FOR MORE INFO & APPLICATION**

 [@sardishockey](https://www.instagram.com/sardishockey)  [@hockeyacademySS](https://twitter.com/hockeyacademySS)

**WWW.SARDISSECONDARY.CA**

 [jeff\\_grenier@sd33.bc.ca](mailto:jeff_grenier@sd33.bc.ca)



# SARDIS HOCKEY ACADEMY APPLICATION 2023-24



## PART 1

## REGISTRATION

<b>Student Name</b>	<b>Last:</b>	<b>First:</b>	<b>Student #:</b>
(√) Grade	9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/>	Current School:	
(√) Gender	M <input type="checkbox"/>	F <input type="checkbox"/>	
<b>Date of Birth</b>	<b>Year:</b>	<b>Month:</b>	<b>Day:</b> <b>AGE:</b>
Home phone number			
Cell phone number			
Student Email address	@		
Parent Email address	@		
Home Address			Postal:
Residing with			
Health Care Card #			
Family Doctor			Phone#:
Emergency Contact			Phone#:

**SIGNATURES:** By signing this document, parents:

- ✓ Give permission for their son/daughter to participate in the SSS Hockey Academy
- ✓ Submit a non-refundable \$200 application/administration fee with this Application Form
- ✓ Ensure that son/daughter has appropriate medical coverage
- ✓ Agree to pay the remaining fee of \$1300 (payment options: cash, cheque, debit or credit card or online (preferable) at <https://www.studentquickpay.com/sd33/>)

Student	
Parent	
Date	
School of Record for 2023-24	

### FOR OFFICE USE ONLY

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>PART 1</b> Registration</li> <li><input type="checkbox"/> <b>PART 2</b> Commitment</li> <li><input type="checkbox"/> \$200 Registration fee</li> <li><input type="checkbox"/> Remaining fees submitted</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> SSS Registration Form (if cross-enrolled)</li> <li><input type="checkbox"/> Birth Certificate (if applicable)</li> <li><input type="checkbox"/> Date and Time of Application _____</li> <li><input type="checkbox"/> Cross-enrolled / Pre-Transitioned</li> </ul> |
|--|---|





**ZUMBA®**

# FORGET ABOUT THE WORKOUT

**Contact to Register:**

**[info@dynamikefitness.com](mailto:info@dynamikefitness.com)**

**JUST LOSE YOURSELF IN THE MUSIC  
AND FIND YOURSELF IN SHAPE AT  
THE ULTIMATE DANCE-FITNESS PARTY.**



**FOR CLASS DETAILS  
CONTACT YOUR LICENSED ZUMBA® INSTRUCTOR:**

**FREE introductory Zumba Class  
with 13yr Zumba Veteran Mike C**

**Mondays 7:15-8:15**

Come and experience the dance fitness craze that is changing the fitness industry - Latin-inspired plus all flavours of music/ Exciting, fun Zumba music & routines

Details & Registration: [info@dynamikefitness.com](mailto:info@dynamikefitness.com) or 6043440454  
Rosedale Traditional Community School (RTCSS)

**[zumba.com](http://zumba.com)**

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party™**